

The Medical Group at **Montefiore** | **St. Luke's Cornwall**

NEWBURGH OFFICE

1418 Route 300
Newburgh, NY 12550
(845) 561-0642

CORNWALL OFFICE

19 Laurel Ave, LL1
Cornwall, NY 12518
(845) 534-7080



www.slcmedgroup.com



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The Medical Group at Montefiore | St. Luke's Cornwall

Established in 2011, The Medical Group at Montefiore St. Luke's Cornwall was started by a group of experienced physicians who earned the respect of the community with their many years of local practice. These physicians have recruited and mentored young professionals to join them and carry on their legacy of high quality medical care. With offices in Newburgh and Cornwall, our highly-trained physicians offer a broad spectrum of care, including:

- Primary Care
 - Wellness Education
 - Pain Management
 - Occupational Health
 - Patient Education
 - Bariatric Surgery
 - Weight Loss Management
 - Medical Oncology
- Hematology
 - Endocrinology
 - Reconstructive & Plastic Surgery
 - Palliative Care
 - General Surgery
 - Infectious Disease
 - Patient Self-Management Support
 - Colorectal Surgery

In addition to the group doctors, our affiliation with Montefiore St. Luke's Cornwall allows The Medical Group direct access to a network of award-winning medical services.

- Cardiac Rehabilitation
 - Physical Therapy
 - Oncology & Radiation Services
 - Sleep Medicine
- Imaging
 - Laboratory Services
 - Dialysis
 - Wound Healing & Hyperbaric Medicine

The Medical Group at Montefiore St. Luke's Cornwall maintains a strong collaborative relationship with local surgical and medical specialists to ensure timely access to experienced subspecialty care close to home.

The Medical Group's mission is to focus on the medical needs and challenges of each individual who entrusts their health care to the practice. By combining preventative medicine strategies with state of the art treatment options, our physicians are committed to providing the high quality health care that our community deserves.

The Medical Group offers patients 24-hour access to their medical records through MyChart, which allows patients to view test results, communicate with the provider, request medication refills and more. Additionally, we offer patient education tools as well as provide patient self management support services.

We accept most insurance plans, and to work with those without health insurance. For specific information, contact our offices.

LOCATIONS

SAME DAY APPOINTMENTS AVAILABLE

24/7 ACCESS TO ON-CALL PHYSICIAN

1418 Route 300, Newburgh, NY 12550

(845) 561-0642

Office Hours:

Monday, Tuesday,
Wednesday, Friday

8:00 a.m. - 5:00 p.m.

Thursday

8:00 a.m. - 6:00 p.m.

Phone Hours:

Monday, Tuesday,
Wednesday, Friday

8:30 a.m. - 4:45 p.m.

Thursday

8:30 a.m. - 5:45 p.m.

Dr. Uticia Belfield

Internal Medicine

Dr. Nicole Agcanas

Family Medicine

Dr. Ashok Vaswani

Endocrinology & Diabetes Metabolism

19 Laurel Avenue, LL1 — Cornwall, NY 12518

(845) 534-7080

Office Hours:

Monday - Friday

8:30 a.m. - 5:00 p.m.

Phone Hours:

7 Days a Week

8:30 a.m. - 4:45 p.m.

Dr. David Blumberg

Colorectal & General Surgery

Dr. Anthony Darmiento

Internal Medicine

Kathryn Ham, PA

Medical Weight Loss &
Bariatric Surgery

Dr. Syed Hosain

Pain Management

Dr. Kirti Joseph

Hospice & Palliative Medicine

Dr. Diana Linetskaya

Plastic & Reconstructive Surgery

Rachel Lugo, PA

General Surgery

Dr. Sandeep Malik

Hematology & Medical Oncology

Dr. Vadim Meytes

Bariatric & General Surgery

Dr. Rinda Mousa

Infectious Disease

Kazell Penalosa, FNP-BC

Pain Management

Dr. Paul Reichman

General Surgery

Dr. Anjali Shah

Family Medicine

Dr. Ashok Vaswani

Endocrinology
& Diabetes Metabolism

Dr. Joshua Vernatter

Infectious Disease

OUR PROVIDERS



NICOLE AGCANAS, MD | FAMILY MEDICINE

Dr. Nicole C. Agcanas is a Board Certified primary care physician specializing in Family Medicine. A graduate of Albert Einstein College of Medicine, Dr. Agcanas practiced at Montefiore Medical Center, Moses Division in the Bronx, New York prior to joining the Hudson Valley community.

Some of the services Dr. Agcanas provides include:

- Sick and Well Visits
- Disease Managemaeant/Chronic Illnesses (ex dm, lipid, asthma, COPD)
- Basic Procedures (ex knee injections, skin tag removals, I&Ds)
- Smoking Cessation
- Women’s Health (ex pap smears, birth control counseling and prescribing, including IUD/ nexplanon placement and removals, prenatal care)



UTICIA BELFIELD, MD | INTERNAL MEDICINE

Dr. Uticia Belfield has been part of the Newburgh community since 2012. Board certified in Internal Medicine, She came to the Hudson Valley after completing her training at St. Barnabas Hospital in Bronx, NY.

Some of the services Dr. Belfield provides include:

- Lipid Management
- Diabetes Management
- Primary Care
- Sick & Well Visits
- DOT & CDL Exams



DAVID BLUMBERG, MD | COLORECTAL & GENERAL SURGERY

Dr. Blumberg is a board-certified general and colorectal surgeon. He graduated from SUNY-Downstate Medical School in 1988. He completed a clinical research fellowship at Memorial Sloan-Kettering Cancer Institute in 1994 and his general surgery residency in Maimonides Medical Center in 1996. He spent the next two years in a clinical fellowship in general surgical oncology at Memorial Sloan-Kettering Cancer Center and in 1999 completed a colorectal surgery fellowship at the Ochsner Clinic. Dr. Blumberg was an Assistant Professor of Surgery at the University of Pittsburgh Medical Center (UPMC) from 1999-2005 when he entered private practice remaining at UPMC until 2014. From 2014 to the present, he has been a system-wide Chief of Colorectal Surgery and a Director for a Rectal Cancer Program, Robotics Program and Enhanced Recovery Program after Surgery. Since 2016, Dr. Blumberg has been a member of the American Society of Colon and Rectal Surgery rectal cancer committee which has reshaped the surgical standards for rectal cancer treatment in the United States today.

Some of the services Dr. Blumberg provides include:

- Colon & Rectal Cancer
- Colon & Rectal Polyps
- Ulcrative Colitis
- Crohn’s Disease
- Gallbladder Disease
- Diverticulitis
- Rectal Prolapse
- Anorectal Disease (hemorrhoids, abscess, fistula, bleeding)
- Advanced Colonoscopy
- Laparoscopic & Robotic Surgery
- Inguina Advanced Colonoscopy
- Laparoscopic & Robotic Surgery
- Inguinal/Ventral Hernia

OUR PROVIDERS



ANTHONY DARMIENTO, MD | INTERNAL MEDICINE

Dr. Anthony Darmiento received his medical degree from Albert Einstein College of Medicine and is board certified in internal medicine. He has been providing primary care and hospital medicine care throughout the Hudson Valley for over 20 years.



KATHRYN HAM, PA | MEDICAL WEIGHT LOSS & BARIATRIC SURGERY

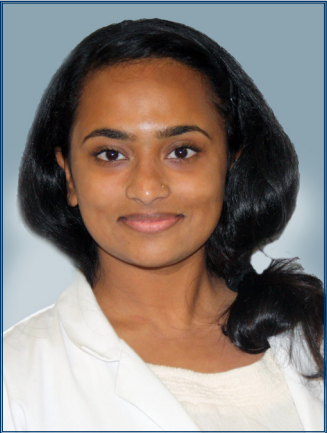
Kathryn Ham, PA, is an ACLS and BLS-certified physician assistant specializing in Bariatric and General Surgery, with an additional focus in Medical Weight Loss Management. She received her MS in Physician Assistant Studies from Albany Medical College.



SYED HOSAIN, MD | PAIN MANAGEMENT

Dr. Syed Hosain is a board-certified doctor in Anesthesiologyand Pain Medicine. He attended medical school at the University of Southampton and completed his residency at the Maimonides Medical Center for Anesthesiology. Dr. Hosain accepted his fellowship for Pain Medicine at SUNY Upstate Medical University. He has been in practice for over 30 years.

OUR PROVIDERS



KIRTI JOSEPH, MD | HOSPICE AND PALLIATIVE MEDICINE

Dr. Kirti Joseph joined the group in 2016 after receiving her board certification in Internal Medicine. Prior to her arrival, she completed a fellowship in Hospice and Palliative Medicine at SUNY Buffalo. She also serves as the Director of Palliative Care at Montefiore St. Luke’s Cornwall.

Some of the services Dr. Joseph provides include inpatient and outpatient services for Palliative Care such as:

- Pain Managment
- Nausea/Vomiting
- Depression

- Anorexia
- Inpatients with Any Advanced Illnesses
- Certified to Prescribe Medical Marijuana



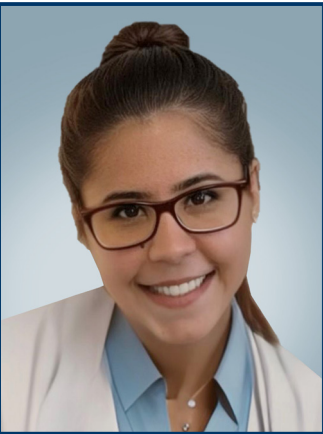
DIANA LINETSKAYA, MD | PLASTIC & RECONSTRUCTIVE SURGERY

Dr. Linetskaya is a plastic surgeon who specializes in both cosmetic and reconstructive surgery. Although Dr. Linetskaya performs a wide variety of services, she has a particular interest in breast reconstruction, breast reduction and aesthetic breast surgery. Dr. Linetskaya obtained her medical degree at State University of New York Downstate School of Medicine and completed her Plastic and Reconstructive Surgery Training at Montefiore Medical Center, Albert Einstein School of Medicine. Dr. Linetskaya is Board Certified by the American Board of Plastic Surgery.

Some of the services Dr. Linetskaya provides include:

- Aesthetic and Reconstructive Breast Surgery
- Body Contouring
- Botox & Facial Fillers
- Facial Rejuvenation

- Excision of both Benign and Malignant Skin Lesions
- Repair of Facial Lacerations



RACHEL LUGO, PA | GENERAL SURGERY

Rachel is a highly skilled certified surgical physician assistant. She graduated from Pacific University in Oregon in 2014 with a Master’s in Physician Assistant studies. She has over a decade of experience assisting in complex surgical procedures, including general and vascular surgery. She excels in ensuring patient safety, providing comprehensive peri-operative care and education for surgical patients.

OUR PROVIDERS



SANDEEP MALIK, MD | HEMATOLOGY & MEDICAL ONCOLOGY

Dr. Sandeep K. Malik is a highly skilled and compassionate physician specializing in Internal Medicine, Hematology, and Medical Oncology. He earned his medical degree from Maulana Azad Medical College in New Delhi, India, one of the country’s most prestigious medical schools. Dr. Malik completed his residency in Internal Medicine at Montefiore Medical Center, where he honed his expertise in managing complex medical conditions across diverse patient populations. Dr. Malik further advanced his training with a fellowship in Hematology and Medical Oncology at the Albert Einstein College of Medicine, gaining extensive experience in the diagnosis, treatment, and management of a wide range of hematologic disorders and cancers.Dr. Malik joins The Medical Group at Montefiore St. Luke’s Cornwall with leadership oversight of the Anemia Center, where he will focus on providing comprehensive, patient-centered care to individuals with chronic anemia, blood disorders, and cancer. He is committed to delivering the latest evidence-based treatments, utilizing innovative therapies, and coordinating care across multidisciplinary teams to optimize outcomes and enhance the patient experience.

Throughout his career, Dr. Malik has been recognized for his dedication to patient advocacy, education, and the highest standards of clinical excellence. His clinical interests include advanced anemia management, hematologic malignancies, solid tumor oncology, supportive care for cancer patients, and personalized treatment strategies.

In addition to his clinical work, Dr. Malik is passionate about mentoring the next generation of healthcare professionals and contributing to ongoing research and quality improvement initiatives. He is known for his approachable, compassionate, and thorough approach, ensuring that each patient receives individualized care and support throughout their treatment journey.

Dr. Malik looks forward to advancing the mission of The Medical Group at Montefiore St. Luke’s Cornwall by expanding access to high-quality hematology and oncology services, engaging the community around early and consistent screening, improving patient outcomes, and fostering a culture of excellence and innovation across the Anemia and Infusion Centers.

Some of the services Dr. Malik provides include:

- Hematology
- Medical Oncology



VADIM MEYTES, DO | BARIATRIC AND GENERAL SURGERY

Dr. Meytes is a bariatric surgeon trained to offer minimally invasive/robotic hernia repair, gallbladder removal, acid reflux surgery, and bariatric surgery including gastric bypass and sleeve gastrectomy. Early in his surgical training at NYU Langone Hospital-Brooklyn, he recognized a growing need to offer the highest level of care in the most minimally invasive approach for various diseases. Since 2017, Dr. Meytes has been providing quality surgical care to communities in the Hudson Valley.

Some of the services Dr. Meytes provides include:

- Sleeve Gastrectomy
- Gastric Bypass
- Hernia Surgery

- GERD Management
- Disease Management (Biliary Tree Diseases)

OUR PROVIDERS



RINDA MOUSA, MD | INFECTIOUS DISEASE

Dr. Rinda Mousa is a compassionate and highly trained physician with a diverse background in internal medicine, infectious diseases, geriatrics, and gastroenterology. She earned her medical degree from the University of Cairo and began her medical journey with overseas training in internal medicine and gastroenterology. She then completed her internal medicine residency at Bronx Care Hospital in New York, an infectious diseases fellowship at the University of Kansas. To further expand her expertise in comprehensive adult care, she pursued a fellowship in geriatric medicine at Beaumont Health in Detroit. Dr. Mousa is fluent in both Arabic and English and is deeply committed to delivering patient-centered, culturally sensitive care. Her goal is to provide exceptional, compassionate care to every patient she serves.



KAZELL PENALOSA, FNP-BC | PAIN MANAGEMENT

Kazell Ann Penalosa, FNP-BC is certified by the American Nurses Credentialing Center (ANCC). She received her Masters Degree in Nurse Practitioner at Dominican College. Prior to her arrival, she worked at Nyack hospital and Calvary Hospital. She also serves as an adjunct clinical instructor at Dominican College.



PAUL REICHMAN, MD | GENERAL SURGERY

Dr. Paul Reichman is a general surgeon that received his medical degree from Albert Einstein College of Medicine. He has been in practice for more than 25 years.

Some of the services Dr. Reichman provides include:

- Gall Bladder Surgeries
- Hernias
- Breast Surgery
- Lipomas
- Colon Resections
- And Many More General Surgery Options

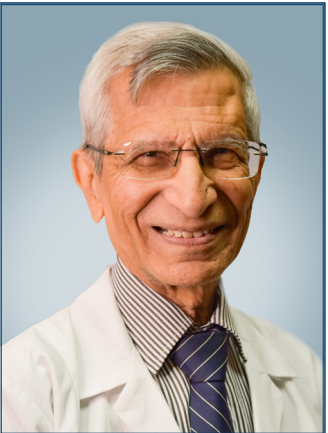


ANJALI SHAH, MD | FAMILY MEDICINE

Dr. Anjali Shah is board certified in family medicine and has been practicing for over 20 years. She attended medical school at Smt. NHL Municipal Medical College and completed her residency at South Nassau Community Hospital.

Some of the services Dr. Shah provides include:

- Women's Health
- Health Risk Assessments
- Obesity Management
- Immunizations
- Preventative Care
- Treatment of Common Chronic Conditions
- Screening Tests



ASHOK VASWANI, MD | ENDOCRINOLOGY

Dr. Ashok Vaswani is a board-certified endocrinologist with a doctorate from the University of Mumbai, India, and post-graduate training at Yale University and the University of Vermont. He also consults for a US Department of Energy special thyroid-related project in the Pacific Islands.

Some of the services Dr. Meytes provides include:

- Bone Disorders/Osteoporosis
- Diabetes Mellitus
- Hormonal Disorders
- Obesity & Weight Management



JOSHUA VERNATTER, MD | INFECTIOUS DISEASE

Dr. Joshua Vernatter is board certified in internal medicine and infectious disease. He attended medical school at Albert Einstein College of Medicine of Yeshiva University. His residency was completed at Long Island Jewish Medical Center for internal medicine and his fellowship was completed at Montefiore Hospital and Medical Center for infectious disease.

The Medical Group at Montefiore | St. Luke's Cornwall

GENERAL & SPECIALTY SURGERY

Laparoscopic & Robotic Surgery

Call MSLC's Patient Navigators today to learn more
(845)458-4444

- Laparoscopic & Robotic Surgery
- Bariatric Surgery
- Colon & Rectal Surgery
- Breast Surgery
- Gall Bladder Surgery
- Hernias
- Advanced Colonoscopy
- and more!



DAVID BLUMBERG, MD
GENERAL & COLORECTAL
SURGEON



DIANA LINETSKAYA, MD
PLASTIC & RECONSTRUCTIVE
SURGEON



VADIM MEYTES, DO
BARIATRIC & GENERAL
SURGEON



PAUL REICHMAN, MD
GENERAL SURGEON

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ENDOCRINOLOGY

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Dr. Ashok Vaswani
Endocrinology & Diabetes Metabolism

Now Accepting Appointments
Same Day Appointments Available

Some of the services Dr. Vaswani provides
include the treatment of:

- Thyroid Disorders
- Diabetes Mellitus
- Osteoporosis and Calcium Disorders
- Hormonal Disorders including
pituitary and adrenal



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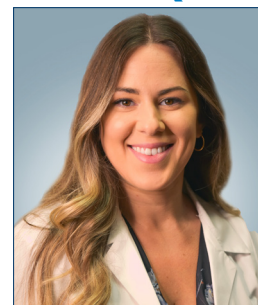
MONTEFIORE ST. LUKE'S CORNWALL WEIGHT LOSS CENTER

Everything you need to achieve your weight loss goals.

Call MSLC's Patient Navigators today to make an appointment
(845)458-4444



VADIM MEYTES, DO
BOARD CERTIFIED BARIATRIC
& GENERAL SURGEON



KATHRYN HAM, PA
BARIATRIC & GENERAL SURGERY
PHYSICIAN ASSISTANT

- Weight Loss Medication
 - Including Injectables and GLP-1s
- Nutritional Counseling
- Bariatric Surgery
 - Sleeve Gastrectomy
 - Lap-Band®
 - Roux-en-Y Gastric Bypass

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PRIMARY CARE

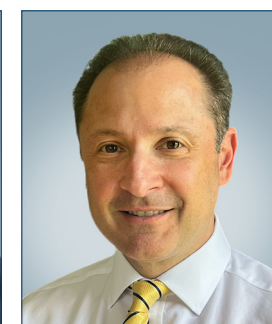
Sick Today, Seen Today



NICOLE AGCANAS, MD
FAMILY MEDICINE



UTICIA BELFIELD, MD
INTERNAL MEDICINE



ANTHONY DARMIENTO, MD
INTERNAL MEDICINE



ANJALI SHAH, MD
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